

DUII PROGRAM AGREEMENT

Kolpia Counseling Center offers an Outpatient Program that includes two levels of care, Standard Outpatient (OP), Intensive Outpatient (IOP), and a DUII Program that meets each of the state requirement levels. Our certified alcohol and drug counselors work with you to complete a comprehensive assessment based on the guidelines set by the American Society of Addiction Medicine (ASAM) that will help determine your appropriate level of care. If your needs exceed Kolpia's available level of care provided, our counselors help facilitate access to necessary and available services. In an effort to meet the State requirements, individuals who enroll in the DUII Treatment Program must fulfill the following to receive a DUII Treatment Certificate (refer to the State of Oregon website at: <http://www.oregon.gov/oha/amh/duii/Pages/certificate.aspx> for more details).

“What is a DUII Treatment Certificate?”

Individuals who are convicted of a DUII will need to obtain a DUII Treatment Completion Certificate. The DUII Treatment Completion Certificate is one of the legal documents that the Department of Motor Vehicles (DMV) requires for driving privilege reinstatement.

This four part DMV form (form 735-6821) has a unique identification number and Oregon's state seal. Other documents may have been presented to an individual by their treatment provider at the time of treatment completion, but these will not satisfy DMV requirements.

DUII Treatment Completion Certificates are only issued by Oregon Health Authority/Addictions and Mental Health Division to approved providers or directly from the Addictions and Mental Health Division.

To obtain a DUII Treatment Completion Certificate an individual must complete their treatment plan .

Completion of a substance abuse treatment program

- Successfully complete a certified outpatient substance abuse treatment program and be in need of no further substance abuse treatment or aftercare
- Pay the treatment provider for the treatment services
- Documentation by observed Urinalysis tests, of 90 days of continuous abstinence during the last 90 days of the outpatient substance abuse treatment program

Completion of an alcohol and drug information/education program

- Successfully complete a certified outpatient substance abuse education program of not less than 12 hours, with weekly contact of not less than 4 consecutive weeks
- Pay the treatment provider for the education services
- Documentation by observed Urinalysis tests, of 90 days of continuous abstinence during the last 90 days of the outpatient substance abuse education program.”

DUII Urinalysis & Service Agreement Policy:

In addition to needing to meet the State requirements to demonstrate absence of mood altering chemicals (for a minimum of 90 days immediately prior to completing treatment), Kolpia embraces the practice of regular UAs as a means of detecting drug/alcohol use by clients an important tool in maintaining a safe and secure environment. In an effort to be transparent about our expectations, we are providing all clients a copy of these 'rules' so they can make informed choices and not be caught by surprise if a violation occurs.

1. Each person will receive an initial UA which will serve as their 'baseline' upon enrollment to Kolpia Counseling. Clients who test positive for an illegal substance or alcohol during their initial UA will be exempt from consequences. However, the expectation is that subsequent UAs will be negative in order for the abstinence requirement mandated by the state can be met.
2. If a person is a regular pot user (whether recreational use or Medical Marijuana prescribed), but received a DUII for alcohol or other substances (including pot), the State requires that they be free of all substances while in treatment. To this end, we will support regular users to become abstinent to be in compliance by doing a weekly UA to monitor for decreased levels of THC in their urine (confirmed by the testing lab) to reflect a normal titration from THC during the recovery process.
3. Individuals with a Medical Marijuana Card will not be able to continue using cannabis while in treatment for DUII. Both medical and recreational users will have 30 days to have their system completely clean of THC. If their levels continue to go down from the date of their first UA, all of the time starting from their first UA will be counted toward their clean time.
4. Individuals who are on a prescribed drug that has the possibility of showing up Positive on their UA MUST provide Kolpia Counseling with a copy of their current prescription (either from their PCP or via a print-out from your Pharmacy). This

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includes over-the-counter drugs that are recommended by your PCP that have the potential to come up Positive in your UA (see list below).

5. All individuals participating in the DUII program will be UAed one to four (1–4) times a month on a random basis (these may be observed or unobserved). Once a baseline has been established, clients will be expected to remain clean and sober from all mood/mind-altering chemicals (as evidenced by Negative UAs) until they successfully complete their treatment plan in order to receive their DUII Certificate of Completion.
6. If an individual has a Positive UA after their baseline (and after their THC levels have reached Zero), then the count for their sobriety will begin over from the date of the Positive (dirty) UA, provided the subsequent UAs are Negative (clean).
7. All UAs must be considered 'valid'; since dilute UAs are considered 'invalid', these will be treated as though they are 'Positive' which means your time will start over from the date of the dilute UA. In order to avoid having a dilute UA, it is strongly recommended that individuals refrain from drinking an excessive amount of liquids for 2 hours immediately prior to coming to group – this will ensure that your UA is concentrated enough to pass.
8. The final UA, prior to completing treatment must be taken within the last 2 weeks before the completion of the DUII Education/Treatment Program. This UA must be Negative -- since Kolpia Counseling Services must be able to substantiate that you've been clean/sober from all mood-altering chemicals at a minimum during the last 90 days of treatment.
9. Clients who relapse while in the program are expected to report this to their Substance Abuse Counselor, or another member of the Kolpia Counseling Treatment Team. Clients are expected to take responsibility for their choices by owning up to their actions.
10. Clients who come forward on their own and admit to using alcohol and/or drugs will be supported in their treatment process. Depending on circumstances, client may be re-evaluated to determine if they meet the ASAM criteria for a more intensive level of treatment – which may or may not include residential treatment. This is done to both help him/her to successfully meet their DUII Court requirements and to live a healthy and productive life.
11. Any client who is suspected of being under the influence may be asked to leave group and will be required to meet with their counselor individually to explore barriers to being able to remain clean/sober during their treatment program. In addition, any client who is suspected of being in a cycle of relapse will be staffed by the Kolpia Counseling Treatment Team to discuss how best to support him/her to successfully complete their program (by remaining clean/sober).
12. There are dietary and personal hygiene substances that may show up on UAs, these have the potential to give 'false positives'. As a result, individuals are encouraged to avoid ingesting (or using) the following while enrolled in Kolpia Counseling Substance Abuse Treatment Program.
 - Alcohol of any kind, or ANYTHING that contains alcohol (sauces, marinade, non-alcoholic beer, etc.)
 - Street drugs, including marijuana--we currently do NOT accept clients who have a medical marijuana card, unless they are desirous of becoming fully abstinent from all mood-altering chemicals.
 - Prescription drugs UNLESS the client show us the prescription, and supply us with their doctor's name and correct phone number on an initialed and signed release to confirm medical oversight
 - Poppy seeds
 - Mouthwash - get alcohol-free and do not use alcohol-based colognes
 - Hand-sanitizer – we do not purchase alcohol based hand-sanitizer
 - Tinctures - get alcohol-free
 - Kombucha tea- it's fermented; avoid all fermented substances
 - Cough and cold over the counter remedies that contains dextromethorphan (DXM) which shows up in the test as an opiate.
 - NyQuil (containing alcohol)
 - Breath spray
13. In order to maintain a safe environment for those genuinely seeking support for their addiction, Kolpia Counseling is adopting a no-tolerance policy for holding or "gifting" alcohol or drugs while on-site at -- this includes non-prescription (such as over the counter cold medicine), prescription, or illegal drugs, or alcohol. Such actions will result in one of the following: a) being charged with the appropriate law violation (if substances are illegal and/or not prescribed to the client), b) being reported to their Probation or Parole Officer, and possibly c) being discharged from Kolpia Counseling. Determination of this will be made by the Kolpia Counseling Treatment Team in consultation with the ADES/P.O.
14. If it is determined that a client has been distributing alcohol or Pot, or dealing/selling other drugs (e.g., non-prescription, prescription, or illegal drugs) on the premises of Kolpia Counseling to other clients, this will result in immediate termination from Kolpia Counseling Services Treatment Program. In addition, the individual may face criminal charges for dealing illegal substances.

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15. It is understandable that often clients have difficulty maintaining an abstinent lifestyle, especially if s/he has an extensive history of use/abuse of substances. For those clients who repeatedly relapse or violate any of the Program Agreements (Rules & Guidelines), one or more of the following actions will be taken in an effort to support him/her to successfully complete their treatment program (and for those who are on Diversion, to help them not lose that status if possible: referred to residential or detox services, receive verbal warnings, be staffed by the Kolpia Treatment Team, be given the opportunity revise/rework their Service Plan (to meet their current needs), or be placed on a treatment contract that outlines clear expectations or treatment benchmarks.
16. Clients who have a positive UA, and are not on a prescription that would come up as a positive, will have one or more of the following consequences: a) be reported to the ADES if they don't disclose their drug use/relapse prior to getting the results back from the lab, b) be considered as having a positive UA, and their sobriety time will start over (and thus treatment time-frame may be extended), c) be placed on a Treatment Contract, and d) if they never come clean about relapsing or misusing medication, additional treatment efforts will be directed toward a focusing on Thinking Errors or other barriers preventing them from effectively participating in treatment.
17. Clients who have a negative UA, and are on a prescription that should result in a positive UA, will be referred to their prescriber, PCP or Mental Health therapist to address their need to focus in treatment on issues underlying their underuse or misuse of their medication.
18. If a client refuses to take a UA within the 2 hour period of the original request (or at all within that 24 hour period), s/he will be staffed by Kolpia Counseling Treatment Team members to discuss his/her non-compliance. Since regular UAs are mandated by the State to ensure continuous abstinence while on probation, we are unable to support clients in 'missing' their UAs. As a result, s/he will be reminded of the expectation that he/she fulfill program requirement of submitting to random UAs whenever requested, and s/he will be placed on a Treatment Contract to secure his/her agreement to this requirement as a condition to remain in Treatment for DUII. If s/he refuses again, then he/she will be terminated from the program for non-compliance, depending on the underlying causes s/he may be referred to a higher level of care to better support their recovery process, but Kolpia will still be required to report their refusal and incompleteness to the ADES.

All clients will meet with their individual counselor to design a Service/Treatment Plan (based on the outcome of his/her ASAM Assessment) -- once the Plan has been reviewed, and signed by both parties, it is understood that each person will show-up for both individual and group sessions. Below is an outline of the expectations that will ensure that you receive 'credit' for actively participating in your treatment program -- resulting in a successful graduation from treatment, and if you desire, entry into a new life that is free from substance use dependence/addiction.

Attendance Expectations:

1. **Be ON TIME to group – the doors will be locked 5 minutes after the group begins. No one will be allowed in late.**
2. **If you have two unexcused service encounters (i.e., miss two groups or a group and an individual session) in a row, or within a two week period (whichever is less), then your 90 day sobriety period starts over.**
3. **All individuals enrolled in the DUII Education/Treatment Program must complete all of the elements listed on their Service Plan – meeting all of their goals and objectives (which will vary depending on your Level of Care as discussed with your Counselor), before you can graduate from the DUII Education/Treatment Program.**
4. **Participants are expected to give 24 hour notice to their Counselor if they anticipate missing an individual session, otherwise this will be considered an unexcused absence (and be counted in the same way as a missed group). However, if an individual is ill or had an emergency, s/he must provide medical or other documentation to receive clearance.**

"I _____ (Print Name) understand that participation in treatment at Kolpia Counseling Services is completely voluntary. I understand that I have the right to refuse Alcohol/Drug Treatment or Mental Health Treatment services, but doing so may jeopardize my status with ADES. In addition, I realize that I may be referred to a different treatment program to receive the treatment needed, if it is determined that I cannot be adequately served at Kolpia. I understand and agree to abide by the above UA & Attendance Policies, and was given the opportunity to ask questions prior to signing this Agreement."

Client's Signature: _____

Date: _____

Counselor's Signature: _____

Date: _____